

It's Easy to Register!

Just fill out the form below and mail to:

Childbirth Classes
Fannin Regional Hospital
2855 Old Highway 5
Blue Ridge, Georgia 30513

To reserve by phone, or for more information:

706-632-4230 or 706-632-4246

YES! I want to be really prepared for my baby's birth. Sign me up!

Name: _____

Street: _____

City: _____

State: _____ Zip: _____

Telephone: _____

Due Date: _____

Doctor's Name: _____

Coach's Name: _____

I want to register for childbirth classes beginning:

- January 4, 2011
- March 1, 2011
- May 3, 2011
- July 5, 2011
- September 6, 2011
- November 1, 2011

- I Do plan to deliver at Fannin Regional Hospital.**
- I Do Not plan to deliver at Fannin Regional Hospital.**

Enrollment is limited to ensure quality instruction.
We will call you if the class you have chosen is full.
Classes are compliments of our Tiny Toes Program.



Are you looking for an OB provider?
Call us for a referral today!

To learn more about our services
or to schedule a tour of our hospital,
please contact our
marketing department at:
706-632-4232.

FANNIN
REGIONAL HOSPITAL

2855 Old Highway 5
Blue Ridge, GA 30513
706-632-3711

www.fanninregionalthospital.com

CHILDBIRTH
CLASSES



FANNIN
REGIONAL HOSPITAL



You can prepare for some surprises.
Sign up today for Childbirth Classes.

Are you really prepared for your baby's birth?

Life is full of surprises – some good, like a surprise birthday party, or an unexpected gift from a loved one, and some not so good. But most of us could do with a few less surprises in our lives. One thing that should never be a surprise is having a baby. You need to know as much as possible about childbirth and taking care of your newborn – long before you rush off to the hospital. Why wait until the last minute? Get ready for your child's birth now by taking a Fannin Regional Hospital Childbirth class. Register today!

Come by for a tour of our beautiful birthing center.

**Quality Care.
Right Here.**

Childbirth Classes at Fannin Regional Hospital

Taught by Fannin Regional Hospital's Certified Childbirth Educators, this course covers a broad range of subjects, from the preparation for delivery and management of labor to the psychological aspects of giving birth, such as planning for togetherness.

The family approach to childbirth is an important theme which runs through all five sessions of the course. We encourage you to bring your own personal "coach" or support persons to each class, so that your baby's birth will be a true family affair.

New courses begin every other month. Check the starting dates listed in this brochure, then fill out the registration form and return it to us. You can also call us to reserve your space.

Regardless of how you make your reservation, do it quickly! We limit class sizes to ensure quality instruction.

Each session includes five informative classes, each week for five consecutive weeks! We will cover the following topics over the five week period:

- Preparation for delivery
- Post-partum planning
- Family approach to childbirth
- Preparing for togetherness
- Management of labor
- Tours of Obstetrical Unit
- Individualized birth planning
- Care and safety of your newborn

Session Start Dates for 2011

January 4, 2011

March 1, 2011

May 3, 2011

July 5, 2011

September 6, 2011

November 1, 2011

All classes held at Fannin Regional Hospital Conference Room. Classes begin at 7 p.m.